



Foot – Loose!

Newsletter of the Susquehanna Chapter of the Adirondack Mountain Club (ADK), published quarterly – January, April, July, and October

Volume 24, Number 1

January 2012

PLACES TO EXPLORE

by Dianne Benko, Susquehanna Chapter Chair

In addition to being a member of the Susquehanna Chapter of the Adirondack Mountain Club, I'm also a member of the Appalachian Mountain Club. About twelve years ago my husband and I decided we wanted to hike all 48 peaks of the White Mountains in New Hampshire. We joined AMC and on July 17, 1999 we climbed our first peak, Mount Eisenhower. As of this past summer we have 43 down with 5 to go. With AMC membership I receive their bimonthly magazine AMC Outdoors

which features great places in the Northeast for outdoor adventure. Below you'll find some different places to hike, ski, and canoe which were directly taken from the 2011 issues of this magazine. (1. Jan/Feb 2011, 2. Mar/Apr 2011, 3. May/Jun 2011, 4. Jul/Aug 2011, 5. Sep/Oct 2011, 6. Nov/Dec 2011) All are located in our great state of New York. These places might be a unique addition to weekend outings, overnight stays or expeditions found off the beaten path. Enjoy!

1. PINERIDGE CROSS-COUNTRY SKI AREA Petersburg, N.Y.

Located between Albany, N.Y., and Bennington, Vt., in the foothills of the Berkshire and Taconic mountains, Pineridge offers something for everyone. Fifty kilometers of groomed and un-groomed routes wind along Poestenkill Creek and through hardwood and evergreen forests. The Taconic Range and Mount Greylock can be seen from Pineridge's highest points. Four kilometers are lit for night skiing. Pineridge's night schedule varies depending on its number of group reservations, so check to see which nights the lights will be on. A trail pass is required (\$7-\$17).

2. LAKE LILA Long Lake, N.Y.

Osprey and loon patrol the 1,500 acres of Lake Lila, while trout, salmon, and bass lurk below the surface. The lake lies within the William C. Whitney Wilderness Area, so the shoreline is protected and motorized boats are prohibited. After a short carry (0.3 mile) from the parking area on the northern end of the lake, you can create a multi-day paddle of your choosing. Twenty-four campsites dot the shoreline and several of Lila's small islands. Beaver River and Shingle Shanty Brook provide additional options for exploration.

3. SAM'S POINT PRESERVE Cragsmoor, N.Y.

This 4,600-acre preserve is home to the Badlands, one of the world's prime dwarf pitch pine barrens, and a series of ice caves. The ice caves are a 1-mile walk from the preserve's parking area. Formed along fractures in the bedrock and by talus and boulders fallen from the cliffs above, the caves stay cold enough to hold snow into the mid-summer months. A ladder aids your descent into the caves; carrying a flashlight or headlamp is recommended. For an extended hike, 75-foot Verkeerder Kill Falls is 2 miles beyond the caves, and High Point is 2.4 miles past the falls.

4. SPLIT ROCK AND COXING KILL New Paltz, N.Y.

Coxing Kill is a popular spot to cool off when visiting the Shawangunk Mountains. Stop at the Mohonk Preserve Visitor Center (where a small fee is required), then proceed 2.5 miles to the Coxing parking lot. Cross the street and take the light blue-blazed Old Minnewaska Trail. A short walk through an old farm leads to a wooden bridge over Coxing Kill. Hikes of virtually any length can be launched from here onto the Shongum Path or the yellow-blazed trail. Or you can simply stop along the Old Minnewaska and enjoy the cool stream.

5. NORTH COUNTY TRAILWAY Mount Pleasant to Somers, N.Y.

This paved path, located north of Manhattan, follows the route of the New York Central Railroad, which operated into the mid-20th century. Passing through heavily-populated Westchester county, the trail offers a welcome escape from the nearby traffic-while also benefiting from a number of convenient parking areas. Eventually, a 14-mile South County Trailway will connect the path to the Bronx. With just a short on-road ride necessary, the North County Trail can be accessed from the Brewster Metro North station.

6. STATEN ISLAND GREENBELT Staten Island, N.Y.

This network of conserved land contains 35 miles of trails, all just a few miles south of Manhattan. The trails, located in the heart of the island, connect a series of green spaces including New York City's largest remaining forest preserve. LaTourette Golf Course, at the center of the greenbelt, is the most popular spot for skiers, offering an open, un-groomed expanse of fairways. This is also a good starting point for the more adventuresome to connect to the greenbelt's longer hiking trails, which are also popular with snowshoers.

Welcome New & Rejoining ADKers

Eric Coe	211 Cemetary Rd.	Fly Creek, NY 13337
Daniel & Heather Kirk-Davidoff	9501 Good Lioon Rd	Columbia, MD 21045
Jane McCabe	7 State St. P-3	Oneonta, NY 287-3054
Sue & Jon Nogaret	386 Cty Hwy 10	New Berlin, NY 13411
Joseph & Michal Ann Rizzo	14 Brook St	Oneonta 13820
Aaron Whitcraft	121 E Manor Dr	Lititz, PA 17543

We'll see you at meetings and on the trails

Fall 2011 Meeting Reviews

Oct 19 Charlie & Martha Winters presented a powerpoint review of a Navajo wedding in Canyon de Chelly.

Mountain National Park.

Nov 16 Scott Lauffer & Kathy Cronin reviewed the exciting volunteer possibilities based on their own experience in Rocky

Dec 21 ADKers shared verbal and visual evidence of 2011 travels, hikes, canoe and kayaking adventures.

Please clip and post

SUSQUEHANNA CHAPTER Winter 2012 SCHEDULE

ALWAYS CALL LEADERS FOR DETAILS

Area codes are 607 unless otherwise noted

Riders should contribute a fair share toward gas. Each trip's leader must have all participants sign the liability release form, which may be downloaded from our website: www.susqadk.org.

Ernie Mahlke, 432-2583, will be happy to hear from people who want to hike on weekends and include them in any plans he and Heide may have. For bikers looking for group rides, please call Leon and Lucille Wiggin, 432-1022, and Frank and Jean Oakley, 263-5832.

<u>Dates</u>	<u>Leaders</u>	<u>Phones</u>	<u>Destinations</u>
Jan.3	Lucille Wiggin	432-1022	Crumhorn Mtn.
Jan.10	Ted & Kay Kantorowski	547-5528	Clark`s Tower-Cooperstown
Jan.17	Ernie & Heidi Mahlke	432-2583	Hartwick St. Forest
Jan.24	Barb Means	432-4903	Means Property
Jan.31	Julie Smith	432-8642	Gilbert Lake
Feb.7	Currie&Virginia Marr	432-5434	Fortin Park
Feb.14	Rita Salo	432-3656	Cooperstown Golf Course
Feb.21	Linda Pearce	432-8969	Goodyear Lake
Feb.28	Jim&Charlene Higgins	432-7012	Gilbert Lake
March 6	Irv&Monica Peters	315-858-0261	TBA
March 13	Maureen Willis	286-9821	TBA
March 20	Ruth Schaffer	988-3154	Riddell Park
March 27	Norma Lee Havens	432-3154	TBA

Your executive committee, wishing to reduce our carbon footprint, encourages members to carpool to meetings and activities. Phone numbers above are in area code 607 unless noted otherwise.

Looking Back

Our Susquehanna Chapter has been around for about 35 years. To get an idea of how we've come to where we are, it's sometimes fun to take a look at where we've been. With that thought and with thanks to Aleda Koehn for lending her Foot-Loose collection, we share part of an article from Winter 1985 by then – chapter vice- chair, Bill Swain.

The trail around Arnold Lake, identified as the North Section on our map, looks to be in good condition. In addition to the trail clearing by our chapter, the State DEC has done some maintenance plus posting some signs. The entire well-marked loop around the lake is 6.15 miles and offers very good skiing. The trail may be entered at two points on County Highway 46 and where it crosses Arnold Lake Road at the north end of the lake.

It is uncertain what the condition of the South Section is at this point. Not enough chapter members turned out for the trail clearing to check it out. It may be possible to clear it after hunting season ends – if there aren't any big snows right away. The South section runs between Burner's Road on the south end

to Collar's Road at the north end, some 2.7 miles. It may be entered at those two points or from a spur of Kelly Corner's Road (signed "State Lanmd Road", ed.) that is closed to traffic after November 15.

It is possible to join the two sections by going .8 miles along Collars Road and Joe Cornwall Road to a fire road marked with blue markers. This blue marked trail 1.3 miles were it joins the North Section .3 miles south of the Old Quarry.

Putting it all together, there are almost 11 miles of good skiing some 8 miles north of Oneonta. Isn't it about time we tried to add to this trail system? Say, a connecting link between SUCO X-C trails and the south section?

Here's to some good skiing! *Bill Swain*

In Memory of Steve Bonnell

Very active member Steve Bonnell died suddenly Oct. 29, at age 55, of severe allergies. He and wife Linda had most recently done education outreach using our display at the Otsego Co. Fair and Morrisville College. They also marched for us in the Springfield 4th of July parade. The family also did trail clearing locally and at our club adopted Blue Ridge Wilderness Area.

Steve lived the Boy Scout motto "be prepared" by being able to jump start a hikers car on one occasion and tow 3 or 4 others up an icy slope out of Basswood Pond State Land parking lot on another. Steve was trained as an USDA Soil Scientist and taught us many things about the forest as we hiked. As you can see he will be greatly missed.

Winter Trip to the Adirondack Loj

Join Susquehanna Chapter members on Jan 30-Feb 1 (Monday-Wednesday) for a fun-filled winter holiday snowshoeing, skiing, or just walking in what often is a winter wonderland in the north country. Although our chapter places have been filled, most likely there will still be beds because this is a mid-week time.

To make your own reservation call the Loj at **518-523-3441**. The 12 person loft costs \$55.00 per night for bed and breakfast. Bunkrooms and private rooms are higher in price. For more information call Aleda Koehn at 607 437 3831 or e-mail Aleda at akoehn40@hotmail.com.

DEC TV -- online!

The NY State Department of Environmental Conservation (DEC) has launched **DEC TV**, which features short videos on outdoor topics. You might find the following of interest: Backwoods Camping, Hiking Essentials, Hiking in the

Adirondacks, Geocaching, Types of Kayaks, Kayaking in the Adirondacks, Cross Country Skiing, The Adirondacks, and Outdoors-Woman Program. Lots more to choose from! Check it out at: <http://www.dec.ny.gov/dectv/dectv.html>.

Director's Report

Have You Submitted Your Comments to DEC Yet?

Tell DEC: No drilling under state land

ADK does not oppose high volume hydraulic fracturing [HVHF, or "fracking"] per se, IF it is done safely. But in state forest lands, drilling seriously compromises the stated purpose of these forests. Therefore, Neil Woodworth will focus the club's resources on the state forests and parks.

ADK has, so far, established to the satisfaction of the DEC leadership that, based on Article 14 of the state constitution and environmental conservation law, these public lands were acquired to promote healthy forests and to protect ecosystems, wildlife habitat, groundwater aquifers, rivers and streams. Accordingly, in the latest Supplemental Generic Environmental Impact Statement (SGEIS), DEC would prohibit any surface disturbance associated with the drilling of a gas well on public lands.

Unfortunately, the SGEIS *does not* prevent the state from leasing *subsurface* oil and gas rights on these lands, which could then be tapped from well pads on adjacent private lands.

As long as the gas company has the rights to drill *under* the state forests, the company can then *count state forest lands when calculating* to reach their goal of 60% [the percentage of leased land they need, per square mile, to force the other 40% of landowners to be “compulsorily integrated”]. This is not good news for the health of the state forest land, since adjoining lands are often important as buffer zones.

Also, although the proposed regulations do prohibit gas drilling activities on public lands, they *do not* prohibit gas pipeline networks, pipeline access roads or compressor stations on those lands.

To address these problems, ADK advocates to:

Encourage DEC to keep the prohibition of HVHF gas drilling and drilling infrastructure on all state parks, state forests and wildlife management areas.

Persuade DEC and the Governor not to lease the oil and gas rights *under* state parks and DEC-managed public lands.

Encourage DEC to prohibit gas pipeline networks, pipeline access roads or compressor stations on state lands, since that would promote more intensive gas drilling on adjoining private forests. Too, the low-frequency noise from compressor stations can carry for miles, and can be disturbing.

Since most state forest and wildlife management areas were established to protect groundwater supplies and aquifers, it is a violation of both the letter and spirit of the state constitution and state law to lease gas exploitation rights underneath state forests, state parks or wildlife management areas. It is hoped that ADK members, who so often use these lands, will submit comments to DEC before the new deadline of January 11, 2012.

For further issues to comment on, please go to adk.org for information and talking points. A link has been provided to take you to DEC's web site for commenting: [dec.ny.gov/energy/75370.html]

Gas drilling using high-volume hydraulic fracturing (HVHF) would put more than 1 million acres of publicly owned land from the Catskills to Lake Erie at risk. Users of the Finger Lakes Trail and other trails which traverse these public lands, should be especially concerned. ADK members who care about the water quality of the lakes, rivers and streams in the Southern Tier and Central and Western New York should also be concerned.

In response to ADK's advocacy efforts, the Department of Environmental Conservation (DEC) has proposed prohibiting gas drilling and drilling-related infrastructure on public lands, including state parks, state forests and wildlife management areas. But the energy industry is lobbying hard to convince Governor Cuomo to reverse DEC's decision and open our public lands for intensive gas exploitation. (More on this can be found at adk.org.)

If we want to protect the landscape and setting of our trails, we must speak out. DEC is accepting comments on their web site until January 11, 2012. Here are some points to comment on:

- Encourage DEC to prohibit gas pipeline networks, pipeline access roads or compressor stations on state lands. DEC's proposed regulations now prohibit gas drilling activities on public lands, but they DO NOT prohibit gas pipeline networks, pipeline access roads or compressor stations, whose low-frequency noise can be heard for several miles. The unnecessary leasing of state-owned gas rights will encourage the routing of pipelines over state lands and promote more intensive gas drilling on adjoining private forests.
- State lands should be protected by a buffer zone of 2000 feet, measured from the end of the horizontal fracture.
- No HVHF horizontal drilling should be permitted within 2000 feet of a primary or principle water supply, in order to protect our aquifers.
- Prohibit open wastewater surface impoundments or lagoons. All HVHF drilling backflow or wastewater should be stored in a closed-loop steel tank system
- DEC regulations must require the HVHF driller to disclose the chemical composition, total dissolved solids (TDS), salinity and radioactivity levels of all fracking fluid combinations as well as all flowback and produced waters.
- DEC regulations must require the drill permit applicant to submit a wastewater treatment plan that addresses all contaminants in the produced wastewater, including radioactivity, chlorides, total dissolved solids, heavy metals and aromatic hydrocarbons -- including benzene, toluene and xylene.
- The regulations should require that such wastewater be regulated and treated as hazardous waste under the State Pollutant Discharge

Elimination (SPDES) permitting process to ensure that there are no adverse environmental impacts from the discharge of HVHF treated water into a well, stream, river or other water body. (This safeguard is necessary to ensure that contaminated water is sent only to wastewater treatment plants that have the capacity to fully treat it.)

- To provide the maximum protection for groundwater supplies and aquifers, DEC regulations should mandate a triple layer of steel drill casings, with cementing between layers, that would extend below the maximum depth of the groundwater and/or aquifer layer in the location of the proposed HVHF well pad.

Linda Seifried, Director

Fall 2011 Trip Reports

Goey Pond Road Hike - Tuesday, September 27, 2011

It was a beautiful warm Sept. day as 17 of us walked Goey Pond Road in Milford. We hiked up a slight hill on a seasonal road stopping to admire the lovely pond. It was very pretty with the reflecton of the trees on the water. We also observed many interesting mushrooms, tree formations and a beaver dam. After the hike we enjoyed a delicious lunch and a fun social time at Jackies.

Bev Hensle

Red Creek Farm Hike - Tuesday, October 4, 2011

We hiked on Otsego Land Trust property. With permission from the owner of Red Creek Farm on Middlefield Road near Cooperstown we joined members of the Land Trust staff. Our first stop was on the site of a once upon a time mansion built by the Cooper family. Much of the amazing amount of stonework



surrounding the house and gardens remained. We then started a gradual climb up through the wooded property. There were several great views of the valley south of town. After walking from Middlefield Road almost to Chicken Hill Farm Road, it was time for lunch and the trek back down the hill to our cars. We were grateful to the property owner and Land Trust for making this possible.

Mary Dunkle

Girl Scouts and ADK Hike Lower Riddell State Park - Saturday, October 8, 2011

On a beautiful fall day, ADK joined forces with Girl Scouts to hike in Lower Riddell State Park. Participating ADK members

were Linda Melchionne, Stephen Bonnell, Virginia and Currie



Marr. The five participating Girl Scouts were mostly third-graders and members of Troop 707 led by Joy Zimmer.

Currie Marr

Greenwoods Conservancy Hike - Tuesday, October 18, 2011

Tuesday turned out to be a perfect day for Leaders Monica and Irv Peters to lead eighteen hikers on trails in the Greenwoods Conservancy Trust property in the Town of Hartwick. We met at the intersection of Zachow and State Land Roads. Dr. Earle Peterson, Trustee of Greenwoods, met the group to join us on the hike and we car pooled to the intersection of State Land and Cranberry Bog Roads where we hiked along C. Bog Road and beautiful Cranberry Bog for a little over a half mile to the entrance of the Green Trail; then on through wetlands, over a stream and through lovely woods to intersect with the Yellow Trail. At this juncture two hikers with a leader returned to C. Bog Road and back to their cars. The other hardy souls pressed on to climb a couple hills and walk through sunny meadows up hill and down dale to return to C. Bog Road where the errant leader caught up and all were treated to some homemade gorp to fortify them for the continuation ... on the Yellow trail over a stream, past a large pond and up the hill and down to the bridge and active beaver dams and ponds. Several deer crossed our paths along the way. We sat in the sun, socialized and ate lunch on the bridge before continuing on ... observing along the way a couple more beaver dams one of which was about six/seven feet



high - and which Dr. Peterson advised was completely destroyed in the recent storms - but rebuilt in three nights by the industrious beavers. At intervals throughout the hike Dr. Peterson shared information with various hikers about the area and its uses and conservation of the natural beauty of the Conservancy for future generations. It was a great day in God's Kingdom enjoyed by all!
Monica Peters

Audubon Property Hike – Tuesday, October 25, 2011

We hiked the Delaware-Otsego Audubon property on Franklin Mt. About 14 of us learned about the hawk watch” from two



two observers. We also walked to the "cave" and on toward White School Road on the abandoned road to an old farm site. Our return was via the snowmobile trail under the phone line and through the abandoned blue stone quarry.

Lucille Wiggin

Lower Riddell State Park Hike - Tuesday, November 1, 2011

On a beautiful, sunny morning, twenty-two hikers participated in

the walk at Riddell State Park. We were pleased to have Bard and Jack Meeks join us after a long absence. On the main trail near the Schenevus Creek, we encountered an extensive washed-out area caused by the flooding of Tropical Storm Lee. After the hike, many of us went to Pondo's in Colliersville for lunch and fellowship.
Linda Pearce

Gilbert Lake State Park Hike - Tuesday, November 8, 2011

Under fine weather conditions 19 ADKers hiked at Gilbert Lake State Park. The hike began from the Large Shelter following the east-side trail around the Lake. A few participants continued the lake trail, but most hiked two hilly loops through the cabin area opposite the beach and then backtracked to the shelter - 2.67 miles. Along the way the voice of a Raven was thought to be heard, a small garter snake was spotted by Irv Peters, and distressingly, recent beaver damage was clearly evident.

Currie Marr

Wilber Park Hike - Tuesday, November 15, 2011

Twenty-three hikers traversed the trails at Wilber Park in Oneonta, NY this overcast morning. The temperature was warm for this time of year at 56 degrees. We started our hike



by the pavilion near the playground area and traveled the trails to the housing development past the high school and back. We often felt like we were in a conga line with all the switch backs on the trail. The hikers encountered a red fox near the high school which was a nice surprise. Many commented that they were unaware of the trails in the park and that they would return for more exploration on their own. The hike took about 2 hours.

Charlene & Jim Higgins

Oneonta Greenway Hike - Tuesday, November 29, 2011

A Tuesday morning rain shower did not seem to dampen the spirit of 22 ADK hikers and friends. Soon after getting underway at the Oneonta Greenway, the mist stopped and the sun looked as if it might shine. Some took the circle walk and the others took the trail back along the Susquehanna. Lunch was enjoyed by many at the Underground Eggplant restaurant. *Julie Smith*

Seeing the photos in black & white? Enjoy the photos in color by receiving Foot-Loose via e-mail. It's the "green" way to save trees and postage. Contact your editor at foot.loose.sus@gmail.com and request the e-mail version.

Winter Meetings - 3rd Wednesdays

Elm Park Methodist Church, 401 Chestnut St. Oneonta, for 6 pm potluck dinners
followed by programs at 7 pm.

February 15, North Carolina in Spring - the beauty of wildflowers and mountain scenery along the Appalachian Trail by Linda and Stef Seifried. Photos and stories from Linda and Stef's experience supporting their daughter on her thru-hike from Georgia to Maine along the Appalachian Trail. Pictures will include the Great Smoky Mountains National Park, Clingman's Dome, Cades Cove and the Blue Ridge Mtns.

March 21, Building and Restoring Wooden Canoes by John Dropp. Through photos and detailed description John will take us through the process of building a 15 foot wood-canvas canoe in a week at the Wooden boat school. He will also show how his 1911, 16 foot Old Towne Charles River canoe was found and restored concluding with photos of it and 325 other wooden canoes being "shown off" at the Wooden Canoe Heritage Association assembly at Paul Smith College.

April 18, Headwaters Trails by Doug Murphy and Velga Kundzins. Through photos and explanations Doug and Velga will explain the many accomplishments of their organization, "Headwaters Trails", including the availability of thirty miles of multi-use trails for public use in the Bald Mountain Recreation Area located at the headwaters of the West Branch of the Delaware River.

May 16, Wednesday Meeting "Trekking around Mount Blanc" by Helena Garan. Come enjoy lively tales and photos by world traveler and veteran long-distance trekker, Helena Garan, this time about her September 2010 Tour du Mont Blanc adventure, a 120 mile trek over one of the most popular long distance hiking trails in Europe. It circumnavigates the Mont Blanc massif, passing through France, Italy and Switzerland.

ADK MEMBERSHIP

Adirondack Mountain Club annual membership dues are \$50 for individuals and \$60 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs • discounts on ADK merchandise
- invitations to member only outings and extended trips • reduced rates at ADK facilities: lodges, lean-tos, and cabins
- 20% discount on ADK trail guides, canoe guides, campgrounds, maps, books and calendars • membership in one of ADK's 27 chapters throughout the Northeast
- Adirondack Magazine six times a year

For more information go to www.susqadk.org or call (800) 395-8080

2012 Budget

Account	Budget 2011	Actual 2011 as of 12/7/11	Projected 12/31/11	Proposed Budget 2012
INCOME				
Dues	\$2,200	\$2,134.90	\$2,285	\$2,200
Interest	\$ 45	\$ 31.27	\$ 36	\$ 45
Loj Outings deposits	\$ 900	\$ 650.00	\$ 870	\$ 900
Other	<u>\$ 0</u>	<u>\$ 12.00</u>	<u>\$ 12</u>	<u>\$ 0</u>
TOTAL INCOME	\$3,145	\$2,828.17	\$3,203.00	\$3,145
EXPENSES				
Newsletter printing	\$ 165	\$ 130.00	\$ 176.00	\$ 225
Newsletter postage	\$ 350	\$ 164.13	\$ 184.00	\$ 290
Hospitality	\$ 150	\$ 92.74	\$ 112.74	\$ 150
Loj reservations	\$ 900	\$ 870.00	\$ 340.00	\$ 900
Director Expenses	\$ 340	\$ 0.00	\$ 650.00	\$ 650
Exec Com Expenses	\$ 100	\$ 40.32	\$ 40.32	\$ 100
Donations	\$ 650	\$ 0.00	\$ 650.00	\$ 650
Rent	\$ 300	\$ 295.00	\$ 295.00	\$ 300
Programs	\$ 50	\$ 0.00	\$ 0.00	\$ 50
Special Projects	\$ 100	\$ 0.00	\$ 0.00	\$ 100
Other	<u>\$ 40</u>	<u>\$ 20.51</u>	<u>\$ 20.51</u>	<u>\$ 40</u>
TOTAL EXPENSES	\$3,145	\$1,612.70	\$2,688.57	\$3,145
NET Cash Over (Short)		\$1,215.47	\$ 514.43	\$ 00

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Newsletter of the Susquehanna Chapter ADK

www.susqadk.org

c/o Lucille Wiggin

80 Chestnut Street

Oneonta, NY 13820

Subscription to this newsletter is included in membership in the Susquehanna Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Barbara Meeks at (607) 783-2924 for more information. Portions of this newsletter are also available online at www.susqadk.org.

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Chapter meetings are held the third Wednesday of the month, September through May, at the Elm Park United Methodist Church, 401 Chestnut Street, Oneonta (except where noted). Members and the public are invited to our early evening potluck supper at 6pm (please bring a dish to pass, your own table service and mug or cup); programs begin at 7pm, followed by a short business meeting.

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